



Worship

Lesson 7

Samson.

“God is our safe place and our strength and always helps when we are in trouble” Psalm 46:1

Key Objective

For the children to learn that our strength comes from God

Bible Basis

Judges 13; 16

Lesson Outline

What	Time needed	Where
Welcome and Introduction	5 minutes	Page 2
Worship	10 minutes	Page 2
Story	10 minutes	Page 3
Activity / Craft	15 minutes	Page 4 –5
Memory verse	5 minutes	Pages 2
Review	5 minutes	Page 2
Prayer time and Wrap up	10 minutes	Page 6

Please Note: this lesson outline is a guide only.

Please feel free to use any resources to tell the story including the wooden figures in the Kids Bizz room.

Activity time - Children are able to do either craft, playdough, puzzles, drawing or reading during this time.

Super Strength –Lesson 7

Worship

We believe in and value worship at Northridge. The Facilitator will let you know when it is time for Kids Worship. Please come and join with the other children for Worship. Please encourage the children to join in and help the younger children to engage. We would also ask that you participate as the children will watch you also. Feel free to speak to the kids worship team or the Facilitator if you have any questions.

Welcome

Welcome everyone!

Ask if anyone can remember last weeks memory verse—it was:

**“The God we serve is able to
save us”
Daniel 3:17**

(give a snake to anyone who can remember)

Then go around the circle and ask everyone to tell you their name and about someone that they know who is very strong. Then explain that they are going to hear about someone today in the story who is very strong. First though you are going to see how strong they are with a few

Review Questions:

- ◆ What happened to Samson to make him lose all his strength?
- ◆ How did he get it back?
- ◆ Why did God make Samson so strong?

Memory Verse

**“God is our safe place and
our strength and always
helps when we are in
trouble”
Psalm 46:1**

Wrap up:

Have a leader or helper close in prayer Make sure kids take their craft and a memory verse card at the end of the lesson.

Please ensure that they are signed out by a parent or guardian before they leave the room.

Memory verse

Suggestion:

Teach the children actions to go with the verse.

**Bless
you**

The Story....

SAMSON

It was not long ago before enemies came again. So God chose another man to save his people. His name was Samson. God had told Samson never to cut his hair. As long as Samson obeyed God he was very strong.

One time Samson spent the night in Gaza. Around the big city was a big wall with a big gate. The people of Gaza wanted to catch Samson. But Samson left in the middle of the night. He tore down the locked gates. He carried them away on his shoulders.

The enemies asked a lady named Delilah to find out how to make Samson weak. So she asked Samson how. He said, "tie me with seven cords." That night the enemies tied him with seven cords. But when Samson woke up, he snapped them right off.

So Delilah kept asking Samson why he was so strong. Finally Samson said if you cut my hair I will be weak" That night, while he was asleep Delilah cut his hair. He was not strong anymore. The enemies took him and put him in jail.

But God still let Samson win. It happened when the enemies were having a big party in a big house. They took Samson with them to the party. God gave him strength. Samson pushed down the pillars that held up the roof. The roof fell in on top of all the enemies. God had saved his people again.

Activity Time

Materials that you will need:

- Cups (enough for every child to have one)
- Fast growing grass seeds
- Pipe cleaners
- Eyes
- Pompoms
- Construction paper
- Potting mix
- Spray bottle
- Cling wrap
- Rubber bands



Directions:

1. Give each child a cup and write their name on the bottom
2. Have the children create Samson's face on the cup
3. Write the verse on the back of the cup
4. Have a leader add some potting mix
5. Then allow the children to add the grass seeds to the cup and water it
6. Have a leader cover the cup in plastic and a rubber band

The Game

Do a few strength challenges with the children. Here are some suggestions:

Have a ballon and see who can lift it
have a ball
a piece of fruit
etc

- GOD IS OUR REFUGE -
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HELP IN TROUBLE.

- PSALMS 46:1

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Prayer Time

The following is the structure for leading prayer in Gap. This has been designed to be simple for the children and offer a consistent structure for both children and leaders. Posters with these pictures are available in the Gap room. Lay them in the middle of the circle one at a time as you do each stage so they understand which part we are up to.

Stop

Ask children to stop everything else and sit on a cross.

Explain that it is now time to pray.

Please Encourage the children to sit up and pray in loud voices.



Talk

Ask if there is anything they would like to thank God for or Ask God.

Give each child an opportunity to answer and then pray.

If they are wanting prayer for healing ask them to sit in the middle and get the group to pray for them.



Listen

Now that we have talked to God we will stop and listen to see if there is something that he would like to tell us—explain that this may be a picture, word, thought, person, colour, idea etc. God will speak to us all differently.

Wait a minute for them to listen, then ask each of them if they had anything. It is fine if they say no—just move on to the next child.

For anyone who says yes please record what they say in the Gap Prayer journal with their name the date and service time. (prayer journal is the yellow book at the front of the room)

